

WORSHIP LEADERS - NOVEMBER

	November 2	November 9	November 16	November 23	November 30
Organist	Stan Wold	Mary Garner	Worship Band	Barb Erickson	Stan Wold
Assisting Minister	Bob Kelley	Lubov Wilhms	Cassie Borges	Patti Maguire	Lexie Cieluch
Sound Technician	Doug Maguire & Scott Ruzich	Rick Troy & Scott Ruzich	Doug Maguire & Scott Ruzich	Steve Dalager & Scott Ruzich	Rick Troy & Scott Ruzich
Reader	Marcia Troy	Gerry Erickson	Amanda Pokorry	Mark Pass	Ryan Jagim
Acolytes	Bryn Weberg & Sam Winesett	Journey Amundson & Molly Weberg	Shameka Johnson & Katie Carlson	Brynn Erickson & Esmeralda Lew	Shakira Johnson & Deonta Lew
Ushers	Paul Steklenski & Linda Kalweit	Nancy & David Gangness	Wayne & Joann McCall	John McDonald & Sandi Johnson	Roger & Judy Oman
Nursery Attendants	Terri Erickson	Sherry Dalager	Stephanie Carlson	Daphne Amundson	Self Serve
Counters	Rod Dahquist & David Gangness	Bob Forbort & Sharon Stenberg	Barb Renick & Joan Gunderson	Mary Gagnon & Rod Dahquist	Bob & Carol Kelley
Coffee Servers	Church Council Pot Luck	Quilting Group	Eve Gathering	Sue Anderson	Service & Justice

ALTAR GUILD for the Month of November is Pearl Johnson, Elaine Wickstrom and Carol Kelley

COMMUNION ASSISTANT for the month of November is Maury Aaseng

And the one who was seated on the throne said... "I am the Alpha and the Omega, the beginning and the end." – Revelation 21:5, 6

From the Pastor

Dear Friends in Christ,

Begin with the end in mind. In the church year, this is the wisdom of November, bookended by All Saints on one side and both Christ the King and the First Sunday of Advent on the other. As days get shorter and the year begins drawing to a close, scripture readings appointed for November Sundays cast different images of "the end" that call us to renewed vigil, preparation, and faithful service.

Beginning with the end in mind is, of course, a common practice for planning ahead and is evident in several aspects of our life together:

- + We see it in the work of our *Renovation Committee*, pulling together floor designs and comments, current building assessments, and construction estimates for possible renovation phases for the Hillside Room and adjacent areas that could enhance Gloria Dei's capacity for ministry.
- + A few of our members who serve on the Synod's *Candidacy Committee* see this practice in those who are discerning a call to ordination, entering seminary, and progressing through different stages for endorsement and approval to become pastors.
- + Our Lake Superior Conference leaders gather on the morning of Nov. 11 for a biblical overview of the *Gospel of Mark*, which will be our lectionary focus for the church year that starts with Advent. It helps to be reminded of the big picture. What would it mean for Mark's vision of the Gospel of Christ to shape our church and our community? Besides pastors, other leaders are welcome; let me know if you would like to attend.
- + The *Finance Committee* begins with the end in mind when planning our budget for the coming year; our regular offerings and the giving commitments we dedicate on Nov. 16 are an important faith practice of participating in God's mission through Gloria Dei.

This is also reflected in Gloria Dei's *Vision Statement*, developed by the Long Range Planning Team with congregational input and adopted in January 2012, which articulates *the kind of church we seek to be and to become*:

Vision Statement - We are Gloria Dei

- **Our worship** proclaims the Gospel of Jesus Christ with integrity, welcoming all to receive and share God's grace in Word and Sacrament, through the power of the Holy Spirit.
- **Our diverse parish family** finds unity in Christ's reconciling love, building relationships of accompaniment that extend across the city and

across the world.

- **Our faith** grows in dialogue with everyday life, encountering and sharing the Word of God in written, spoken, and tangible ways.
- **Our social action** is rooted in God's justice and compassion, caring for local and global neighbors with courage, dignity, and attention to the whole person.
- **Our stewardship** celebrates the abundance and the value of God's gifts, practicing sustainability and generosity as joyful expressions of God's love for all creation.

Begin with the end in mind. Stephen Covey devotes a chapter to this theme in his widely read book, *The Seven Habits of Highly Effective People*. In it, he asks the reader to imagine a funeral with all their loved ones there, a funeral that turns out to be theirs! What was remembered about your life? What did people say was most important to you? How was it seen in your words and actions?

Setting the scene with such existential questions, Covey helps readers envision their present life being impacted by the future they value. "If you don't make a conscious effort to visualize who you are and your priorities, then you empower other people and circumstances to shape you and your life by default. *Begin with the End in Mind* means to begin each day, task, or project with a clear vision of your desired direction and destination."

Through baptism, who we are – as well as our direction and our destination – is *shaped by God's unfolding story and vision*:
 + a vision of "a great multitude that no one can count from every nation, from all tribes and peoples and languages" worshipping God and centered by the death and resurrection of the Lamb (Revelation 7, read on All Saints)
 + a vision Jesus reveals to those who cared for the hungry and visited the sick, that "when you did it to the least of these you did it to me" (Matthew 25, read on Christ the King)
 + a vision that sees signs of God's emerging reign even when some things around us are falling apart and relies on Jesus' promises that will not pass away (Mark 13, read on Advent 1).

Trusting in God's eternal promises, may we begin each day in thanksgiving for the One who is our source and destiny.

See you in worship!
 + Pastor David Carlson

STEWARDSHIP

FINANCE REPORT SEPT 2014

Needed per month \$16,500

per week \$3,807

Envelope Offerings

Budget, 8 months \$148,500

Actual, 8 months \$149,482 100.1 %

Difference, ahead \$ 982.00

Our regular offering is a sign of worship and thanksgiving for all that God has done and continues to do. In our offering, we return to God a portion of what God has so graciously entrusted to us. THANK YOU for remembering your offering as a regular part of your worship, especially during the summer months!

ONLINE GIVING - At the web site (www.gloriadeiduluth.org), click on the "Donate Now" button for a convenient way, through automatic withdrawal or secure credit/debit card transactions, to support God's mission through Gloria Dei with a donation or monthly commitment. Make an offering from your smartphone by scanning this QR code, which will take you to our secure online giving site.



SIMPLY GIVING There's a way to give your weekly offering that's easy, that helps reduce the cost of envelopes, and that benefits Gloria Dei with knowing more consistently what the electronic giving amounts will be. It also can be easier for you with one less thing to do, and at the same time for people who like to place their gift in the offering plate can still do that, too. Laminated cards for people who give their offerings electronically will be provided in the church pews. It's our goal to increase the number by 50 families or individuals. Thank you. *The Stewardship Committee*

NOVEMBER BIRTHDAYS

3 ~ Janice Woldmoe

4 ~ Pakou Lew

5 ~ Julie Jagim

5 ~ Stephanie Anderson

6 ~ Peder Norr

10 ~ John Maly

16 ~ Danny Pass

17 ~ Mark Johnson

17 ~ Duane Stucke

18 ~ Brett Amundson

20 ~ Wayne McCall

21 ~ Catherine Hewitt

22 ~ Karen Kjolhaug

24 ~ Marjorie Lindemann

27 ~ Dianna Boortz

27 ~ Gayle Salmela

29 ~ Laurie Hagen

29 ~ Mia Johnson

EVANGELISM - WITNESS

1) Proclaim God's saving Gospel of justification by grace for Christ's sake through faith alone, according to the apostolic witness in the Holy Scripture, preserving and transmitting the Gospel faithfully to future generations. 2) Carry out Christ's Great Commission by reaching out to all people to bring them to faith in Christ and by doing all ministry with a global awareness consistent with the understanding of God as Creator, Redeemer, and Sanctifier of all.

THANK YOU RADIO BROADCAST SPONSORS

It takes \$1000 per month to fund our ongoing Radio Ministry. As of August 31, Radio Ministry has received \$7,955, on track to meet our budget needs. Thanks to all who sponsor broadcasts and give regularly throughout the year. Gifts in any amount continue to make this an important self-sustaining outreach.

RADIO MINISTRY SINCE 1942

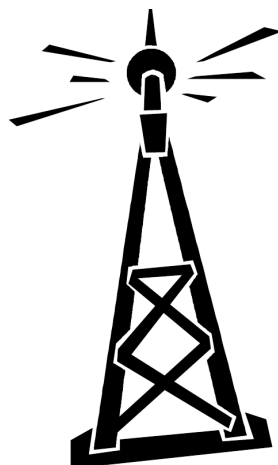
Become a friend of Gloria Dei Radio Ministry

- Worship with us on Sunday morning at 10:00.
- If you can't attend in person, listen to the live broadcast on AM 710 - WDSM Radio.
- Make a difference in our community by supporting Gloria Dei's Radio Ministry through your regular gifts, or as a special gift in memory or in honor of someone to recognize an event.
- Each Sunday broadcast costs \$230.
- Call the church office at 218-722-3381 to sponsor a Sunday and support the spread of the Gospel!

WORSHIP STREAMING LIVE ON THE INTERNET

1. Listen live using Windows Media Player: Download Windows Media Player for best software interface with the audio stream.
2. After opening up the media player, type CTRL U (Hold down CTRL key, then press U key) which will open a new window asking for "URL."
3. To play live audio stream, copy and paste the following into the URL window:
<http://24.158.26.190:17543>

Note: you will only hear the live audio while the service is being broadcast, so if you are early just wait a few more minutes and try the link again



November 2, 2014 ALL SAINTS SUNDAY

All Saints celebrates the baptized people of God, living and dead, who are the body of Christ. As November heralds the dying of the landscape in many northern regions, the readings and liturgy call us to remember all who have died in Christ and whose baptism is complete. At the Lord's table we gather with the faithful of every time and place, trusting that the promises of God will be fulfilled and that all tears will be wiped away in the new Jerusalem.

Revelation 7:9-17, Psalm 34:1-10, 22, 1 John 3:1-3, Matthew 5:1-12

November 9, 2014 22nd SUNDAY AFTER PENTECOST

Today the prophet Amos calls for justice to roll down like waters. Paul urges us to encourage one another with the promised coming of the Lord. Jesus tells the parable of the wise and foolish bridesmaids. Surrounded by the faithful of every time and place, we celebrate Christ's coming in our midst in the word of life and the feast of victory—the marriage feast of the lamb.

Amos 5:18-24, Psalm 70, 1Thessalonians 4:13-18, Matthew 25:1-13

November 16 23rd SUNDAY AFTER PENTECOST

Our readings during November speak of the end times. Zephaniah proclaims that the coming day of the Lord will be filled with wrath and distress. Paul says it will come like a thief in the night and urges us to be awake and sober. Jesus tells the parable of the talents, calling us to use our gifts, while we still have time, for the greater and common good. In a world filled with violence and despair, we gather around signs of hope—word, water, bread and wine—eager to welcome the good news of Christ's coming among us.

Zephaniah 1:7, 12-18, Psalm 90:1-8 [9-11] 12, 1 Thessalonians 5:1-11, Matthew 25:14-30

November 23, 2014 CHRIST THE KING

On this final Sunday of the church year our gospel is Jesus' great story of judgment. In the end, the faithful are those who served Christ by ministering to those who are poor, hungry, naked, sick, or estranged. In the first reading God is the shepherd who seeks the lost, weak, and injured and feeds them with justice. We gather this day to celebrate the reign of Christ and his victory over death, yet awaiting the consummation of all things yet to come. Acknowledging Christ as our merciful ruler, we go forth that his reign may be known in our loving words and deeds.

Ezekiel 34:11-16, 20-24, Psalm 95:1-7a, Ephesians 1:15-23, Matthew 25:31-46

Sunday, November 30, 2014 First Sunday of Advent

Stir up your power, and come! The psalmist's plea in Psalm 80:2 has become familiar to us in the Advent prayers. Isaiah wants God to rip the heavens open. Both cry out for an apparently distant, angry God to show up, to save, to restore. When we hear Jesus describing the coming of the Son of Man with stars falling from heaven, it can sound dire and horrible, not like anything we would ever hope for. But when we really look at the suffering of people God loves, we can share the hope that God would tear open the heavens and come.

Isaiah 64:1-9, Psalm 80:1-7, 17-19, 1 Corinthians 1:3-9, Mark 13:24-37

PARISH CONVERSATION & POTLUCK, NOV 2 - In an effort to increase communication and awareness in the parish, Pastor David and the Council have planned quarterly "parish conversations" after worship with a potluck, during which everyone can hear updates about various ministries, receive a financial report, and become more aware of parish leaders, newcomers, and events.

+ LIFE'S LANDMARKS +

Baptism

Timothy John Jorgensen, Jr., October 12

Marriage

Christine Kopp & Stephen Kassekert, October 4

Funeral

Shirley Dougherty, October 2

Arnold Johnson, October 11

MINISTRY OF WORSHIP

Worship God in proclamation of the Word and administration of the sacraments and through lives of prayer, praise, thanksgiving, witness, and service.

ALL SAINTS SUNDAY, NOV 2 – *"Blessed are they who die in the Lord. Yes, says the Spirit, they shall rest from their labors, for their deeds follow them"* (Revelation 14:13). The first Sunday of November, we remember the church on earth and the host of heaven, united in the body of Christ. We thank God for all the faithful departed, especially those of our church family who have entered their eternal rest within the last year.

+ Katherine Freeman + Lauri Isaacson + Muriel Jorgensen
+ Marie Meidal + Shirley Dougherty + Arnold Johnson

DAYLIGHT SAVINGS TIME ENDS NOV 2 – A reminder to set your clocks back 1 hour.



CREMAINS CASKET DEDICATION, NOV 2 - The purpose of a cremains casket is to offer members of Gloria Dei an option for funerals where the deceased has been cremated. An inexpensive container or urn may be placed in the casket with a pall as in a traditional service, with the casket carried in and out of the church. The pall was designed and sewn by Kathleen Erickson and the casket was a cooperative effort by Gerald and Barbara Erickson and Jude Collins, former owner of the Duluth Casket Co. We are pleased to offer this to the ministry of Gloria Dei.

EUCHARIST AT ST. ANN'S, NOV 2 & NOV 11- Each month, Gloria Dei conducts a service and fellowship time at a senior residential home.

Trade table before Nov. 10 and let us know so we have an approximate idea of how many to order. We will also have the SERVV handcraft catalog available. We can order these items at the same time that we place our Advent calendar order. If you are interested in looking at the catalog, stop by the Fair Trade table.



CHUM FALL COMMUNITY

ASSEMBLY, NOV 18 at Asbury United

Methodist Church, 6822 Grand Avenue,

6:30 p.m. Social - 7 p.m. Meeting. Come

join CHUM in celebrating our thriving community! This assembly will not only have some great desserts and great music, but will also be a time to come together as the CHUM community. CHUM staff and volunteers will provide updates on our programs and you will hear about some new things that CHUM has on the horizon, too. All are welcome to attend.

MANY THANKS to all who attended the CHUM International Dinner Fundraiser on October 18, hosted by UUCD. The meal netted over \$12,000, twice the amount raised last year!

WE ARE ONCE AGAIN in need of **outdoor gear for folks living outside** as the weather is turning colder! **Tents, tarps, hand warmers, wool socks** are a few items we can provide them. These items are distributed by our Outreach Social Worker who works on creating trusting relationships in order to get people to decide to move inside.

RENOVATION UPDATE

COUNCIL SUPPORTS RENOVATION FUND GOAL - A letter was sent to members and friends catching us up on the work of the Renovation Committee (extras in the foyer). Thanks to all members of the Committee and its leadership, particularly architects Terri Erickson and Bob Hewitt and the chair, Gary Olson, for approaching renovation from the perspective of ministry. They are now consulting an outside architectural firm to pull together designs and comments to date, current building assessments, and construction estimates to produce options for renovation phases with corresponding budgets and realistic time frames. Mindful that the decisions we make will affect Gloria Dei's ministry for many years to come, *the Church Council supports their short-term fundraising goal of \$10,000 by the end of 2014 to complete this consulting work.* Thank you for prayerfully considering your support for the Renovation Fund with a financial gift above and beyond your regular offering (green envelopes or designate in memo). An verbal update will also be given at the Parish Conversation on Nov. 2. As we give thanks to God and look forward in faith, let's use this opportunity of renovation to grow in our ministry together.

vices, so that more homeless and at-risk-kids will know about the support available to them. It is projected to begin being built in July 2015.

Fundraising for the project is coming from many sources, including grants from state bonds, local businesses, and private donors. Congregations like Gloria Dei are also going to be involved with volunteer support and financial gifts. See the "joyful challenge" from Bishop Tom and Beckie Aitken below. A more focused fundraising campaign is being planned for the New Year, but of course gifts can be given anytime through Gloria Dei with "LSS Center for Changing Lives" in the memo. For more information, see the website at <http://fromhereonduluth.org> or speak to Maury Aaseng, Bob Niedringhaus, or Carol Kelley.

A JOYFUL CHALLENGE

From our Bishop and fellow member at Gloria Dei:

Beckie and I have made a decision to fully get behind youth homelessness in Duluth. Above and beyond the gift we have already pledged, we hereby joyfully challenge fellow members of Gloria Dei to a **dollar for dollar MATCH** up to \$1,000 as together we build a Youth Homeless Center near the Synod Office. I'd like to see if we can do this as a Christmas present to the "Center for Changing Lives/Duluth" which is scheduled to break ground next Spring if all goes well. In addition to the apartment units space on the first level will house some offices for LSS personnel connected to homeless ministry, and we may even be able to move into a small portion of the space as Synod Staff! This would be a witness to our community of **God's work, Our Hands**, the public message of our ELCA! I've been on the ground floor of the conversations for this building which will have twenty living units; some for temporary housing, some for longer term housing, but all with accompanying counseling, life-skill and job-coaching, off-the-streets comprehensive mentoring with Christian love. We know that these young people are either kicked out of their homes at an early age, or don't feel safe there, many have been physically and sexually mistreated. They need the down to earth Christian care of adults like us, who have been joined to our Lord in his mending of the world!

+ Bishop Tom Aitken

Member of Gloria Dei Lutheran, Duluth

CHOCOLATE ADVENT CALENDARS. Once again we will be ordering chocolate Fair Trade Advent Calendars when we place our chocolate order in early November. The cost is \$8.00. So, if you are interested in one or more of these calendars, stop by the Fair

This month, Pastor David is leading a worship service at St. Ann's Residence on Sunday, Nov 2 at 3:00 p.m., and the Health Cabinet is planning a fellowship time on Tuesday, Nov 11. All are welcome to join us.

SAMARITAN SUNDAY, NOV 2 – Thanks for remembering: 1) canned food items to help replenish the CHUM Food Shelf, which are brought forward as part of our offering. 2) Our loose cash offering on the first Sunday has for several years gone to the Gabriel Fund, a ministry started by Gloria Dei and other Central Hillside parishes and managed through CHUM, for direct assistance to the needy.

CHOIR REHEARSAL, NOV 5 - Monthly on the 1st Wednesday each month at 7:30. The choir also rehearses each Sunday at 8:30 a.m. For more information, contact Stan Wold, Director of Music, 728-5925.

ACOLYTE TRAINING, NOV 9 – Acolytes help draw our attention in worship to Jesus the light of the world. Join Karen Bockelman after worship in the sanctuary, Nov 9 to learn more. All youth who already receive Holy Communion are welcome, as acolytes help with the communion distribution.

ASSISTING MINISTER TRAINING, NOV 16 – Lutherans emphasize the "priesthood of all believers" – that all of us (not just pastors) are ministers by virtue of our baptism. In worship, assisting ministers, readers, communion assistants and others visibly demonstrate this. To learn more about these roles, stay after worship for this training session in the sanctuary, led by Karen Bockelman.

CONSECRATION SUNDAY, NOV 16 *Merciful Father, We offer with joy and thanksgiving what you have first given us, ourselves, our time and our possessions, signs of your gracious love. Receive them for the sake of him who offered himself for us, Jesus Christ our Lord. Amen.* A stewardship letter and Giving Commitment card are being mailed to all members and regular visitors – extra cards are in the church foyer. In response to God's abundant grace, please prayerfully consider your regular offering for 2015 as you complete this card. Be sure to include your name in the upper left hand corner. Place it in the offering or mail it to the church office on or before Nov. 16, when we dedicate our financial commitments for God's work through Gloria Dei at morning worship. Thanks!

ONE BREAD, NOV 16 - Thanks to One Bread, our worship band, for accompanying worship once a month (usually the 3rd Sunday). The next Sunday planned is November 16, with the "God Give Us Life" liturgy by Ray Makeever. Other Sundays, the liturgy will be accompanied with or-

gan, piano, and choir. We thank God for the gifts of all musicians at Gloria Dei!

THANKSGIVING SERVICE, NOV 25 - CHUM interfaith Thanksgiving Service at Pilgrim UCC (4th Street and 23rd Ave E.), Tues Nov 25, 7:00 pm. A mass choir is rehearsing at 6:00 p.m. All welcome!

MINISTRY OF DISCIPLESHIP

Nurture members in the Word of God so as to grow in faith and hope and love, to see daily life as the primary setting for the exercise of our Christian calling, and to use our gifts of the spirit for our life together and for our calling in the world.

INTERGENERATIONAL SUNDAY SCHOOL, NOV 2 — “Holy Parables!” Jesus taught in parables, hearing events in which God’s kingdom breaks into our minds and hearts with surprising grace. Join us once a month for singing, bible dramas, crafts and conversations across the generations that will focus on parables. In November, we’re focusing on parables about seeds and yeast—and how sometimes God’s kingdom emerges in small, hidden ways. See you there!

ADULT FAITH FORUM – All are welcome to join us at 8:45 in the Hillside Room before worship.

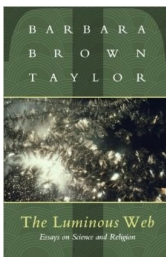
Nov 2—Intergenerational Sunday School (see above)

Nov 9—Missional Church Conversation - Learning from our Russian Companion Synod (new DVD).

Nov 23, 30—DVD Discussion: “The National Parks: America’s Best Idea” (Ken Burns documentary)

YOUTH CONFIRMATION CLASS NOV 8 & 22 - In addition to discipleship practices of worship, prayer, and service, our youth confirmation program will focus on Luther’s *Small Catechism* and faith practices. *We meet every other Saturday from 9:00-10:30 a.m.* All families with students in grades 7 & up are welcome—please speak to Pastor Dave.

RELIGION AND SCIENCE IN DIALOGUE NOV 19 - 8 a.m. at Valentini’s (London Rd). Through the College of St. Scholastica, Pastor Carlson facilitates a monthly discussion group in the community on the topic of Religion and Science. The group is lively and engaging and connects our readings with current events and daily life. Newcomers are welcome! For November, we’re reading *The Luminous Web* by Barbara Brown Taylor (2000).



from Central America who found himself in the stretch of desert known as “the corridor of death” and shows how one life becomes testimony to the tragic results of the U.S. war on immigration. As the real-life drama unfolds we see this John Doe, denied an identity at his point of death, become a living and breathing human being with an important life story. The film will be followed by discussion led by UCC minister Rev. John Guttermann who has carved out a ministry on behalf of immigrants and the need for reform.



RUBY’S PANTRY, NOV 20 - Ruby’s

Pantry-Coppertop distributes food at First United Methodist Church (the Coppertop Church) 230 East Skyline Parkway, Duluth on the third Thursday of every month. For \$20.00



those purchasing a share will receive approximately two large boxes of food. Cash only, no checks or EBT cards will be accepted. There is no “typical” food order and contents of a share vary depending upon what food is available to Ruby’s Pantry at the time. You will need to bring your own boxes (laundry baskets work very well). There are no income guidelines. The Pantry operates from 5:30-7:00 pm. We depend upon volunteers to help with the distribution process. If you are interested in volunteering or have questions, please call First Methodist Church at 727-5021 or talk with Sue Anderson.

NEIGHBORHOOD BREAKFAST, NOV 22 —All are welcome to join us for our free fourth Saturday Neighborhood Breakfast from 9:00-10:30 a.m. in the Hillside Room.



LSS CENTER FOR CHANGING LIVES DULUTH
By Maury Aaseng, Service & Justice ministry chair

Lutheran Social Service of Minnesota is leading a massive effort to build the Center for Changing Lives, with the goal of ending youth homelessness in Duluth. The 28,000 square foot building will be located on Superior Street near 14th Avenue East, and will bring services for over 600 young people together under one roof. This will allow staff to better collaborate and coordinate support for our most vulnerable youth. It will also increase youth-focused housing in the area by 300% (including both transitional and affordable, long-term housing units).

The Center will bring new visibility to LSS’ homeless youth ser-

A number of congregation members were in the hospital or rehab centers this month. We try to visit everyone who is ill or hospitalized. Please let me or the Pastor know if you or a family member would like prayers and/or a visit. The Care Team continues to keep in contact with our members who cannot get to church regularly. Thank you all for your faithful ministry.

I've been able to take advantage of a number of great learning and networking opportunities this month. Essentia Health offered discussions on "Bio-ethics at the End of Life" and "How our Personal Perspectives Influence Patient Interactions" during lunch meetings, and on October 28th I'll be attending the Grief Support Fall Conference "Helping People Heal from Grief: Using our Minds and our Hearts" presented by Phyllis Kosminsky, PhD, FT. The St Louis Co Health & Human Services Conference on October 9 & 10 was again filled with a huge variety of workshops and presentations. The Arrowhead Parish Nurse Association (APNA) Executive Board met on October 21st. I serve as Treasurer of this group and we have finally completed all the paperwork and are a certified tax-exempt 501(c)3 organization.

The Hospice Chaplains at Essentia Health are offering their Spiritual Companions presentation on the morning of November 10th from 8-12 noon. It is FREE, but registration is required. See me for more information.

IS it the FLU or just a COLD?

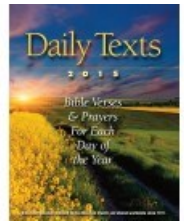
If you wake up with a sore throat, how do you know what it is? Colds start with a sore throat that goes away in a day or so. Nasal symptoms such as runny nose or congestion lead to coughing about the 4th or 5th day. Fever is uncommon in adults with colds, but children may have fevers. In general, a cold will last about a week and you would be contagious during the first 3 days. Colds are usually a milder respiratory illness than the flu.

Flu season runs from mid November through March. Flu comes on fast! There is usually fever, body aches, chills and extreme tiredness. There may be headache, sore throat, funny/stuffy nose, and chest cough that can become severe.

Both colds and flu are caused by contagious virus that enter the body through mucus membranes of the nose, eyes or mouth. To prevent both be sure to **wash hands often** and avoid contact with anyone who has cold or flu symptoms. **Get your flu shot** every year, and ask your doctor about a vaccine for pneumonia.

FILM AT ZINEMA 2, NOV 3 - Along with Pilgrim UCC and Peace UCC, Gloria Dei is co-sponsoring the showing of the film "Who is Dayani Cristal" at Zinema 2 on Monday, November 3, from 7-9 p.m. The event is free of charge and open to the public. Winner of the 2013 Sundance Cinematography award, the documentary tells the story of a migrant

DAILY TEXTS ORDER BY NOV 16 - Daily Texts is a devotional book in paperback with Bible verses and prayers for every day of the year. Published by Mt. Carmel Lutheran Ministries of Alexandria, MN, it is modeled after the Moravian Daily Texts. Each day has a selected text from the Old Testament, New Testament and a prayer for the day. The Moravian Church, with which the ELCA has a close relationship, has been selecting these texts annually and sharing them worldwide since 1731. Gloria Dei Council members have been using these texts for devotions at home and also for council and committee meetings; they are a wonderful resource for reflecting on scripture passages daily. Each 2015 paperback book costs \$6.50 and would make a great Christmas gift (checks payable to Gloria Dei). Our order needs to be sent in by November 16 to arrive in time for Christmas giving. Call Donna at the church office 722-3381 to reserve your book(s).



FELLOWSHIP— "KOINONIA"

Manifest the unity given to the people of God by living together in the love of Christ and by joining with other Christians in prayer and action to express and preserve the unity which the Spirit gives.

WELCOME NEW MEMBERS!

With joy we welcomed the following new members into Gloria Dei's family and ministry through the Affirmation of Baptism on November 2.

Thank you to all those who helped provide lunches for the new member classes on previous Sundays: Julie J., Janine D., Elaine W., Karen & Marianne K., and Patti M.

+ Stephanie Anderson: I am a church secretary at two churches here in Duluth. I enjoy drawing & painting, quilting, crocheting, and gardening. I love meeting new people; however, I can be very shy.

+ Doris DeGaetano: was baptized and confirmed at Gloria Dei years ago (maiden name Olson). She is moving to St. Ann's Senior Residence and has transferred from Concordia Lutheran of Superior, WI.

+ John & Ashley Dietz: We moved to Duluth this fall when John became Assistant to Bishop Tom Aitken and the Synod's Director for Evangelical Mission. Prior to that John has served churches in Hibbing (Ashley's hometown) and Two Harbors. When John is not out preaching at other churches, we look forward to worshiping at Gloria Dei!

+ Joanie Fechtelkotter: My name is Joanie Fechtelkotter and I grew-up in Poplar, WI. I live in Duluth and work at Essentia Health and the DECC. I have two grown sons, Ross (30) and Brant (26), as well as a

spoiled Siberian Husky named Timber. I enjoy cooking, football (go, Packers!), animals, playing piano, time with family and singing in Gloria Dei's choir.

+ Marilyn Heltzer: We all have a story to tell. Here's mine: I was born in Morris MN, moved to St. Paul at age 11, went to St. Olaf College for one year, went back to the University of Minnesota, met my husband-to-be, Jim, at the U. Marriage and three daughters followed. We moved to Beloit WI, lived there for a couple of years, back to MSP where our daughters went to St. Louis Park HS. They're all over 50 now, and all have advanced degrees. I'm 78. When my husband lost his big time job in Minneapolis, he investigated job possibilities, and we moved to Bemidji. After Jim died, I moved to Duluth because my oldest daughter lives here, down the shore of Lake Superior from where I live at the Chateaus. I came to Gloria Dei simply because this church and matches my belief system. A friend of my daughter's was president of this congregation several years ago. We never know what actions will lead others on their own life's journey. I've transferred membership from Calvary Lutheran in Bemidji. And yes, I'm happy to be here!

+ Ann Niedringhaus: The daughter of an Augustana Lutheran pastor, I grew up in Chicago and New Jersey suburbs of New York City. After earning a BS in nursing at St. Olaf, I married Bob while he was at University of MN medical school. We moved for education and the Navy to West Virginia, Southern California and Rochester, MN. Our daughter Rachel was born in CA and Beth in Duluth. After earning a Master's in Social Work from UMD, I worked as Director of ARC-Duluth and of the school district program for teen parents and their children. Now retired, I enjoy teaching poetry writing at the county jail and other volunteering, writing my own poetry, participating in music and yoga.

FALL FAIR, NOV 8 – Gloria Dei Women of the ELCA invite you to our annual fall fair, Saturday, Nov 8, from 9:00-1:00. Bake Sale, Country Store, Hillside Book Store, Artisan Crafts, Fashion Tag Sale, Linens, Holiday items, purses, jewelry, crafts, WELCA Quilt Raffle, Coffee & goodies, Chili soups & sloppy joes served at 11:00 a.m. Donations of gently used items needed for the "stores" as well as baked goods –Please, No clothing or shoes. Contact Karen Kjolhaug @ 591-3432 with questions. All invited – please come!

GLORIA DEI QUILTERS - will meet on Tuesday November 4 at 6:30 p.m. in the Lakeside Room. New comers are welcome. No sewing experience necessary. For questions, call Marianne Kjolhaug at 722-1493.



BOOK CLUB On November 17, the book to read is "Philomena" by Martin Sixsmith. In December we will review the book "Unbowed" by Wangari Meathai. The book chosen for the month of January will be "The Light Between Oceans" by M. L. Stedman.

COFFEE & CONVERSATION will meet on Tuesday November 18 at 9:00 a.m. in the back room at London Road Perkins. For more information please call Marjorie Nelson.



THE MANY FACES OF GLORIA DEI is a new picture board featuring our Gloria Dei Family. We welcome your picture!

- Linda K can take your picture during coffee hour most Sundays, or e-mail Linda a picture: Lkalweit@d.umn.edu or
- Bring Linda a picture and she will scan it and return the original to you. If you have questions contact Linda: 728-6206.

SWEDISH CULTURAL SOCIETY, NOV 16 You are cordially invited to attend the November meeting and program of the Swedish Cultural Society of Duluth on Sunday, Nov 16, 2014, at 3:30 pm in the lower level of Gloria Dei Lutheran Church. The program will feature local Rosemaling Artist, June Nyberg, who will give a Jul Tomte painting demonstration and tell us stories about the Jul Tomte. We will also have election of officers and our annual pot luck dinner, where members bring casseroles and salads and the serving committee furnishes dessert. Please join us for an afternoon of Swedish culture and food.

MINISTRY OF SERVICE

Purpose: Serve in response to God's love to meet human needs, caring for the sick and the aged, advocating dignity and justice for all people, working for peace and reconciliation among the nations, and standing with the poor and the powerless and committing to their needs.

FALL CHURCH CLEAN UP - is scheduled for Saturday November 22nd from 9 a.m - noon. Come join Paul Steklenski and Linda Kalweit in doing a few fall clean up chores. Lunch will be served.



CHAPLAIN'S REPORT - Patti Maguire

Glorious October glowing in the breezes that are ruffling up the Lake outside my window. Another full month of activities including worship at Edgewood Vista on October 1st and a special Healing Service in worship on October 19th.